



Division of Developmental Disabilities

Family & Self-Advocate Conversations

May 12, 2022



Division of Developmental Disabilities' Mission:

To ensure that people with intellectual and developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities.



Why, Who and When

Why:

- You have a right to provide feedback regarding services and supports
- DDD prioritizes and values open & clear communication

Who:

- Those receiving CHOICES or Family Support 360 services
- Parents, guardians & other family members

When:

- Quarterly

What is the benefit for self-advocates and family members?

- Strengthen the voices of South Dakotans with disabilities and their families
 - Share your perspective and experience with DDD
 - Share feedback regarding current services
 - Identify needed services & supports
 - Get to know DDD staff and their roles

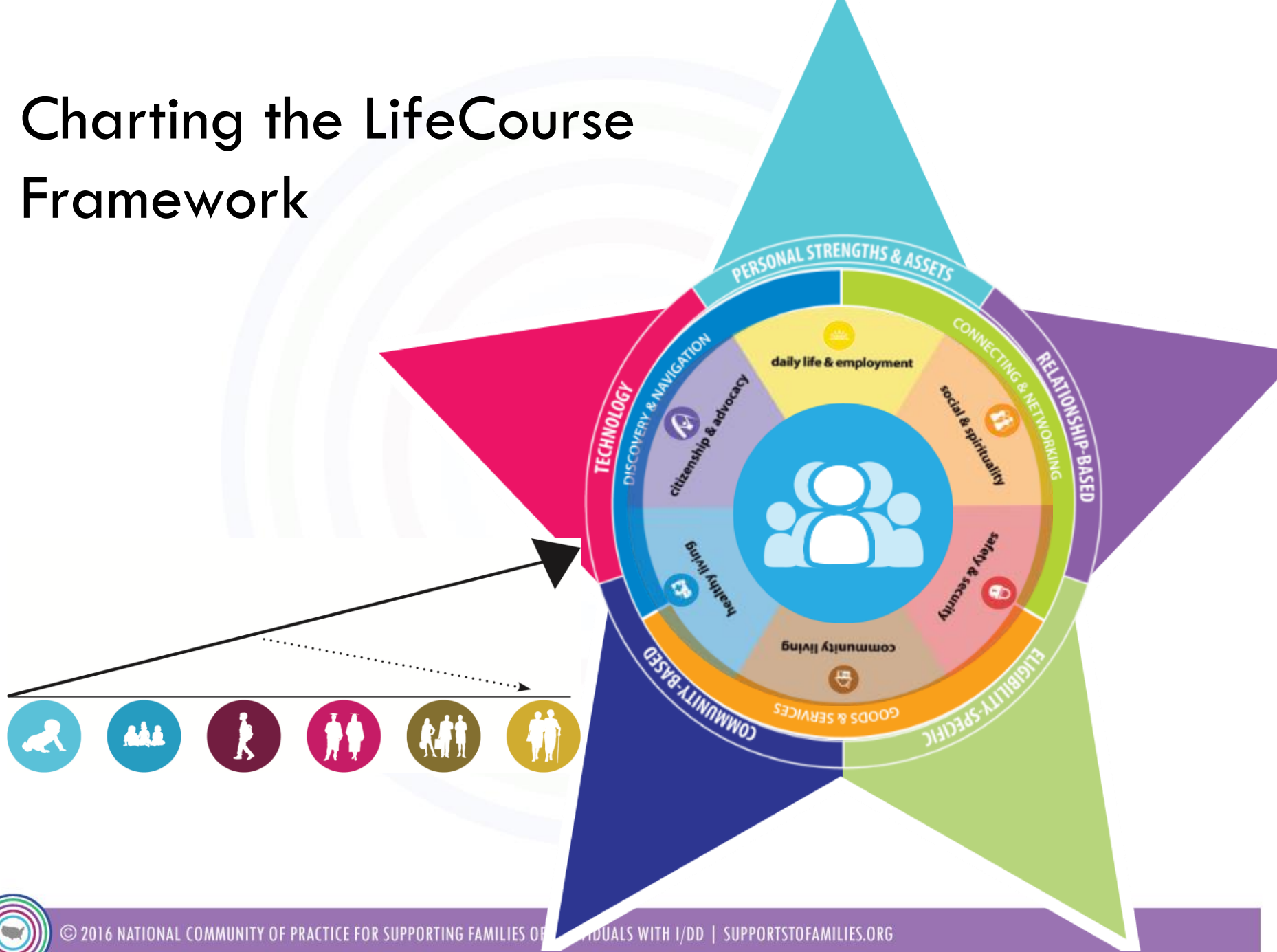
What is the benefit for DDD?

- Direct communication to self-advocates and family members
 - Share information with our customers
 - Get feedback from people about what we should keep the same or change
 - Comments and questions help guide our decisions

Meeting Agreements

- Be considerate of other attendees - keep comments brief to give others an opportunity to share
 - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session
- Mute microphone when not speaking
- One person talks at a time
 - Use the Chat to share questions or thoughts when others are speaking
- Be respectful of others' perspectives
- Listen to understand before providing solutions
- Change to Gallery view to see other attendees

Charting the LifeCourse Framework



“Good Life for All”



The Individual will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life



Families will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals



Vision for a Good Life



Impact of Life Experiences

Life Trajectory Worksheet

Past Life Experiences
LIST past life experiences and events that supported your vision for a good life.

Future Life Experiences
LIST current/ future life experiences that continue supporting your good life vision.

VISION for a GOOD LIFE
LIST what you want your "good life" to look like ...

What I DON'T Want
LIST the things you don't want in your life...

Write current age here

LIST past life experiences that pushed the arrow toward things you don't want.

LIST life experiences to avoid because they push you toward things you don't want.



Life Experiences & Life Transitions

“Anticipatory Guidance for Life Experiences”

Chores and allowance

Learning to say “no”

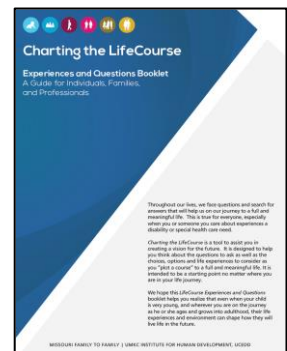
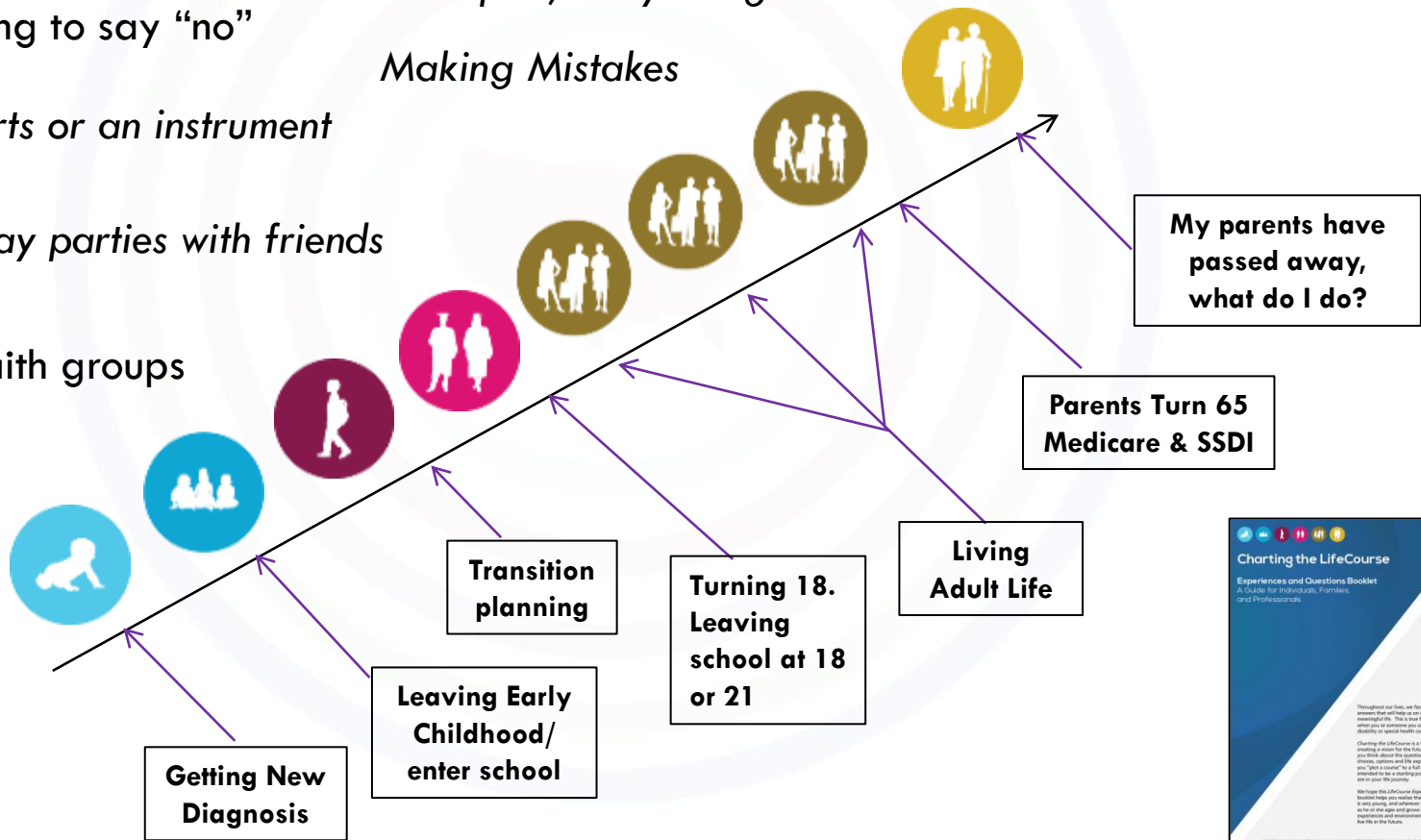
Summer jobs, babysitting

Making Mistakes

Playing sports or an instrument

Birthday parties with friends

Scouts, 4H, faith groups



Life Experiences = Life Outcomes = Good Life



Achieving Outcomes for Connected Life Domains



Daily Life and Employment
(school/education, employment, volunteering, routines, life skills)



Healthy Living
(medical, behavioral, nutrition, wellness, affordable care)



Community Living
(housing, living options, home adaptations and modifications, community access, transportation)



Safety and Security
(emergencies, well-being, legal rights and issues, guardianship options and alternatives)



Social and Spirituality
(friends, relationships, leisure activities, personal networks, faith community)



Citizenship and Advocacy
(valued roles, making choices, setting goals, responsibility, leadership, peer support)





LIFE DOMAIN VISION TOOL | FAMILY PERSPECTIVE

Name of Person Completing: _____ Date: _____

On Behalf of: _____

LIFE DOMAIN	DESCRIPTION	MY VISION FOR MY FAMILY MEMBER'S FUTURE	PRIORITY
	Daily Life & Employment: What do I think my family member will do during the day in their adult life? What kind of job or career might they want?		
	Community Living: Where and with whom do I think my family member will live in their adult life?		
	Social & Spirituality: How will they connect with spiritual and leisure activities, and have friendship, and relationships in their adult life?		
	Healthy Living: How will they live a healthy lifestyle and manage health care supports in their adult life?		
	Safety & Security: How will my family member be safe from financial, emotional, physical or sexual harm in their adult life?		
	Advocacy & Engagement: How do I think they will have valued roles, responsibilities, and control of how their own life is lived as an adult?		
	Supports for Family: What supports does our family unit need now or will need in the future?		
	Supports & Services: What supports and services might my family member need in the future to lead the kind of life they want as independently as possible?		



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LIFE DOMAIN VISION TOOL | PERSON CENTERED

Name of Person Completing: _____ Date: _____

On Behalf of: _____

LIFE DOMAIN	DESCRIPTION	MY VISION FOR MY FUTURE	PRIORITY
	Daily Life & Employment: What do I think I will do or want to do during the day in my adult life? What kind of job or career would I like?		
	Community Living: Where would I like to live in my adult life? Will I live alone or with someone else?		
	Social & Spirituality: How will I connect with spiritual and leisure activities, and have friendships and relationships in my adult life?		
	Healthy Living: How will I live a healthy lifestyle and manage health care supports in my adult life?		
	Safety & Security: How will I stay safe from financial, emotional, physical or sexual harm in my adult life?		
	Advocacy & Engagement: What kind of valued roles and responsibilities do I or will I have, and how can I have control of how my own life is lived?		
	Supports for Family: How do I want my family to still be involved and engaged in my adult life?		
	Supports & Services: What support will I need to live as independently as possible in my adult life, and where will my supports come from?		



Developed by the Charting the LifeCourse Nexus - LifeCourseTools.com
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Tool for Developing a Vision

- Person Centered
- Family Centered
- www.lifecoursetools.com



Open Discussion

- We want to hear from you?
 - What's happening in your life
 - We are here and we hear you!
- Comments and questions should be brief to give others an opportunity
 - Individual-specific situations & questions are best addressed privately - please contact DDD directly after this session

Upcoming Events:

- May 17th – Introduction to Charting the LifeCourse – Virtual
 - Time: 1:30 – 3:30 p.m. CST – Zoom
- May 25th - Using Charting the LifeCourse – 3rd in a Coaching Series
 - Topic: CtLC: Life Domain – Safety & Security
 - Time: 12-1 pm CST - Zoom
- Front Door to Supports workgroup
 - Share your experience & perspective about access to services
 - Monthly meetings
 - May 2022 – November 2022

Wrap Up

- Next Family & Self-Advocate Conversation
 - August 11th, 2022
 - 12:30 p.m. CT/11:30 a.m. MT
- Notes & slides will be shared on DDD's website under Family & Self-Advocate Resources



What's one thing you appreciated about our time today?

Add your comments in the Chat

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Find more information at:

Division of Developmental Disabilities website

- Resources
- Family & Self-Advocate Conversations
- <https://dhs.sd.gov/developmentaldisabilities/providerresources.aspx>